

September 2008

	Monday	Tuesday	Wednesday	Thursday	Friday
week 36	no lunch	chicken biryani pea rice dal makhani cachumber pancakes	Pasta with meatballs Pasta Milanese broccoli tomato salad Fruit Cream	fried rice chicken nugget beans cucumber salad custard pudding	lamb/veg burger mashed potato peas & carrots green salad ice cream
week 37	meatballs in gravy cubed potato mixed vegetables tomato salad chocolate mousse	veg. hakka noodles chicken finger cauliflower with cheese cucumber salad banana	Mexican rice & bean casserole Chicken & veg. wrap beetroot salad ice cream	hungarian goulash stir fried courgette mashed potato shredded carrot salad vanilla cake	Pasta Milanese lamb nugget beans mixed green salad ice cream
week 38	stir fried beef beans & carrots spanish rice beetroot salad fruit salad	chicken fingers mashed potatoes beans ratatouille shredded carrot salad ice cream	chicken stroganoff mixed vegetables steamed rice tomato salad chocolate cake	meat patty Pasta with Cheese Pasta Pesto green bean salad banana/apple	Chicken Nuggets peas & carrots cubed potato cucumber salad pancakes
week 39	minced meat butter paneer jeera rice tomato salad chocolate mousse	Macaroni with cheese cubed potato stir fried mixed vegetables cucumber salad fruit custard	italian tomato chicken peas & carrots mashed potato green salad ice cream	bami goreng beans chicken nuggets tomato salad vanilla cake	creamed chicken steamed rice broccoli cucumber salad chocolate pancakes